

THYROID PATIENT ADVOCACY-UK ANNUAL SPRING MEETING

24 April 2010



**Join us at the Alma Inn
on the beautiful Yorkshire/Lancashire border**



Our annual Spring Meetings are proving an extremely popular event, bringing together members of our Internet thyroid support forum, our medical advisers, NHS doctors and others who have travelled from such far away places as Los Angeles in order to attend. If you would like to learn more about the work TPA-UK is involved in, you are very welcome and we would love to meet you. If you would like to know more about our meeting last year, visit http://www.tpauk.org.uk/tpa_april_meeting09.php

Alfe's Chinese and Thai Restaurant in Keighley, Yorkshire was groaning under the strain of so many attendees last year; we almost needed to push the walls out to get everybody seated, so because more and more people are attending each year, we have changed our venue and will be holding this year's meeting at [The Alma Inn, Emmott Lane, Laneshawbridge, Colne, Lancashire, BB8 7EG Tel \(01282\) 863447](#). We have booked the beautiful '[Garden Room](#)' for this occasion from 12.00 Noon until 5.00pm when the staff will need to claim it back for their evening visitors.

The Alma Inn is a beautiful gastro-pub with extensive views over magnificent countryside. It is just three miles from our home at 'Squirrel Cottage, Ickornshaw, which many of you have previously visited, either meeting up for morning coffee before the meeting, or in the evening or when you had a consultation with Dr Peatfield at his Yorkshire clinic.

You can find details of 'The Alma Inn' here <http://www.thealmainn.com/Default.aspx> and if you click on 'Weddings and Parties' in the Menu, you can view the Garden Room. We have drawn up a [special menu for our guests](#), so you can book your meal direct with Michelle (the owner) to enable the chef to have our meal ready for us at 12.00 noon prompt. Tell Michelle you are a member of the TPA party. You can pay when you place your

order, or you can pay after the event, but as it is a Saturday and they get extremely busy, I would recommend you pay when you place your order. If you are on a special diet and would like something different to the chosen menu, Michelle says the chef is very happy to accommodate any special diets, so please discuss this with her.

[Download the special TPA menu and make your choices from the delicious selections.](#)

If you wish to attend, please let me know how many places to book for you as soon as possible. Write to me at Sheila@tpauk.com.



For those of you coming from afar, we have some very reasonably priced Bed and Breakfast accommodation in the area, so if any of you are coming from a long way away and planning a little holiday in this lovely Yorkshire/Lancashire border area, you can find details of accommodation below. It really is a case of first come, first served. I can tell you that each Spring, most of the accommodation around here is completely booked up by TPA-UK members and doctors attending this annual event. Sorry, but the 10 bedrooms at The Alma are already fully booked, so "no more room at the Inn".



The meeting will start straight after lunch, and this will again be attended by Dr Skinner, Dr Peatfield, Dr Ahmed, and this year, our new Medical Adviser, Dr Theodora Mantzourani will also be joining us. Drs Skinner, Peatfield and Mantzourani will be the speakers at the meeting, followed by the usual question and answer session. Once again, we will be recording their speeches, the questions and answers with a link to them placed on our web site.

This year, to help raise funds, we are holding a Grand Prize Raffle, so if you know of anybody who will be happy to donate a prize (or you would be happy to donate yourself), please let Marie know at holloway.marie@googlemail.com. Proceeds will be in aid of Thyroid Patient Advocacy-UK to help us raise the required funding towards our 2010 Campaigns. More details about these on the 24 April.

We have the rest of the pub available to us after our meeting - though Saturday nights there are extremely busy, or, as happened in previous years, those of you who wish to are very welcome to come back to Squirrel Cottage for further chat, wine and nibbles.

[Book your meal directly from the special menu.](#) We look forward to seeing you there.

[The Alma Inn, Emmott Lane, Laneshawbridge, Colne, Lancashire, BB8 7EG Tel \(01282\) 863447](#)

BED AND BREAKFAST ACCOMMODATION AVAILABLE FOR TPA-UK DINNER AND MEETING - SATURDAY 24 APRIL 2010

Woodland House (Susan and Sandy Black) - 2 Woodland Street, Cowling, 01535 637886 (1 double en suite - 2 twin, en suite) £50 double room or twin room with full English breakfast (about a mile from Squirrel Cottage)

<http://www.nationaltrail.co.uk/PennineWay/site.asp?PageId=30&SiteId=153&c=1>

Winterhouse Barn (Olwyn and Tony) (01535 632234). Keighley Road, Cowling. 1 double room (2 in double, en suite = £30 per pppn) - 2 twin rooms with shared facilities (£25 per pppn) 1 single room (£35 pppn) with big English breakfast (half a mile from Squirrel Cottage) <http://www.thepennineway.co.uk/winterhousebarn/>

Cononley Hall (Pam and Andy McGregor) - Main Street, Cononley, Nr Skipton, BD20 8LJ (01535 633923). 1 twin and 2 double rooms - £40 per person per night with full English breakfast. £10 supplement for single occupancy. If you stay three nights or more £35 pppn. cononyhall@madasafish.com - <http://www.cononleyhall.co.uk/> (about 3 miles from Squirrel Cottage)

Pickersgill Manor Farm (Lisa Preston) - Low Lane, Silsden Moor, Silsden, West Yorkshire BD20 9JH (01535 655228). Three large rooms - £30/32 per person per night based on 2 sharing and £35/40 single occupancy. Includes hearty breakfast. <http://www.pickersgillmanorfarm.co.uk/> (about 7 miles from Squirrel Cottage)

Rye Flatt Farmhouse (Marion Knowles) - 20 School Lane, Laneshawbridge, Colne, Lancashire BB8 7JB (01282 871565). Two double Rooms - £30 per person per night with full English breakfast. No single room supplement. <http://www.rye-flatt.co.uk/> (about 3 miles from Squirrel Cottage)

Middle Beadshaw Head Farm - Burnley Road, Trawden, Nr Colne, Lancashire BB8 8PP (01282 865257). Four bedrooms. Double/Twin £50/55 per person per room with full English breakfast. Single £25/27 per room with breakfast. Email: Ursula@mann1940.freeserve.co.uk - <http://www.a1tourism.com/uk/midbeard.html>

The Stone Trough Hotel - Kelbrook, Colne Road, Barnoldswick, BB18 6XY. Lancs. Telephone 01282 844 844. Double rooms with shower £64.50. Single room £55.00 including full English breakfast. They have plenty of rooms and the hotel is only 4.2 miles from The Alma Inn. <http://www.nadd.net/cjc/hm/patrons/whiteswan/st>

The Dalesgate Hotel - 406 Skipton Road - Utley, Keighley, BD20 6HP (Tele: 01535 664930). They do single rooms £40 for room + breakfast - £60 double room + full English breakfast. <http://www.dalesgate.co.uk/main.htm> (7 miles from Squirrel Cottage)

Steeton Hall Hotel - Steeton - Can do single £55 room + full English breakfast. Double £65. Family Room £80. If three or more rooms are booked (whether single or double) he will do the lot at £60 per room. Tel: 01535 655676 - Fax: 01535 655663. <http://www.yorkshire-breaks.co.uk/propdetails.cfm?PropID=2635>

The Alma Hotel - Emmott Lane, Laneshawbridge, Colne. Phone 01282 863447 from £65.95 single en suite - £79.95 double en suite - hearty breakfast, <http://www.thealmainn.com/Default.aspx> (3 miles from Squirrel Cottage). **This is where we will be holding our Meal and our Meeting, starting 12.00 Noon until 6.00p.m. on Saturday, 24 April.**

The Rendezvous Hotel - Keighley Road, Skipton. Rooms from £59.00 double en-suite rooms with full English breakfast (6 miles from Squirrel Cottage) <http://www.activehotels.com/wl/servlet/xmlbrochure/index.do?hotelid=217528&trkref=UKV>

SPECIAL NOTE

Dr Peatfield is holding a clinic on 21, 22nd, 23, and 25 April at Squirrel Cottage, Ickornshaw, Cowling, Nr Keighley, BD22 0DH, Yorkshire (Tel 01535 636014) if you wish to make an appointment to see him while you are up here. There are still a few places remaining.